



How can I arrange a Bone Density Scan?

If you think you are at high risk of Osteoporosis you may want to discuss this with your GP who can refer you for a Bone Density Scan.

Further information on Bone Density Scanning and Osteoporosis can be obtained from the Apollo Centre for Health.



*To book an appointment
or for further information
please phone*

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BONE DENSITOMETRY for the detection of OSTEOPOROSIS



What is Osteoporosis?

Osteoporosis is a condition in which bone becomes more porous and consequently more brittle. As a result the bone is more fragile and can easily break causing pain, restricted movement, curving of the spine and height loss.

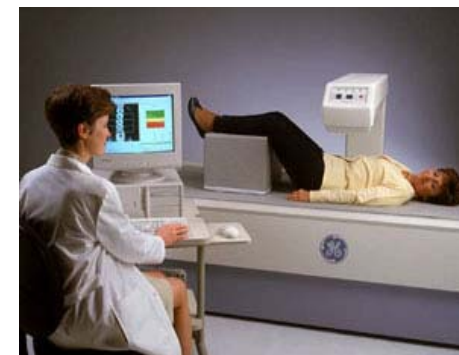
Did you know...?

- 1 in 2 women and 1 in 5 men over the age of 50 will break a bone mainly due to osteoporosis.
- An estimated 3 million people in the UK suffer from Osteoporosis
- Every year 70,000 hip fractures, 50,000 wrist and 40,000 spinal fractures are reported due to Osteoporosis

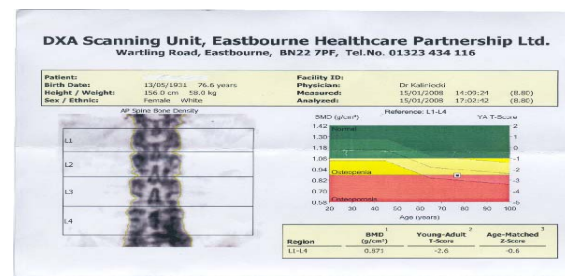
BONE DENSITY SCANS ARE RECOMMENDED FOR PEOPLE WHO ARE AT HIGH RISK OF OSTEOPOROSIS

What is a Bone Density (DXA) Scan?

- It is used to measure bone mineral density
- It is a simple, painless procedure
- It uses very low doses of radiation
- It is currently the most accurate and reliable means of assessing the strength of your bones



Early diagnosis of Osteoporosis is essential to combat the progression of the disease.



A bone density scan is a painless, non invasive process that is carried out within a relaxed and friendly environment where you can obtain advice on diet and exercise for building stronger bones.